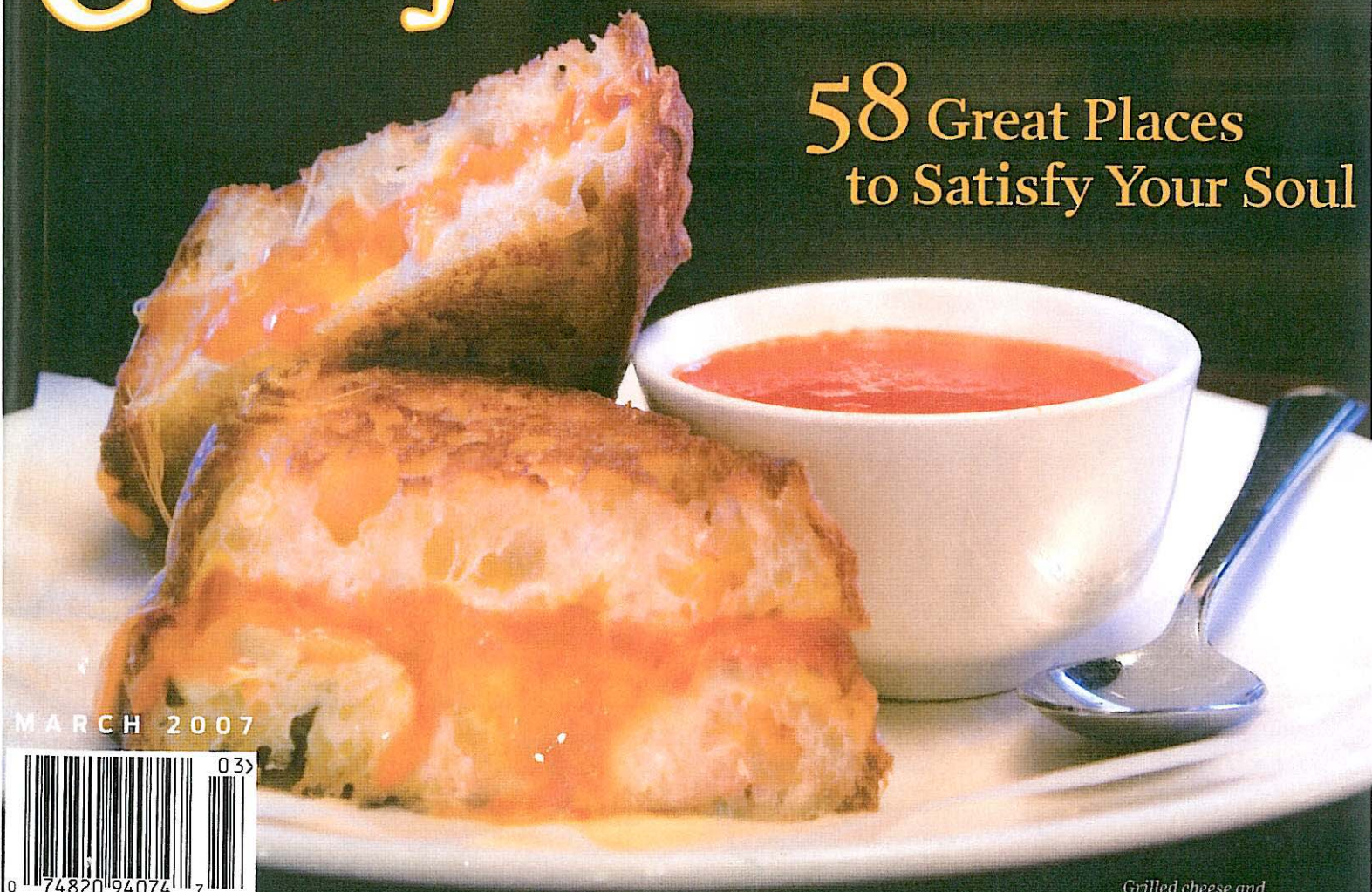


SIP CITY: A COFFEE LOVER'S GUIDE • THE RISE & FALL OF RIPE

Portland monthly

Comfort Food

58 Great Places
to Satisfy Your Soul



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*Grilled cheese and
tomato soup at Paragon*

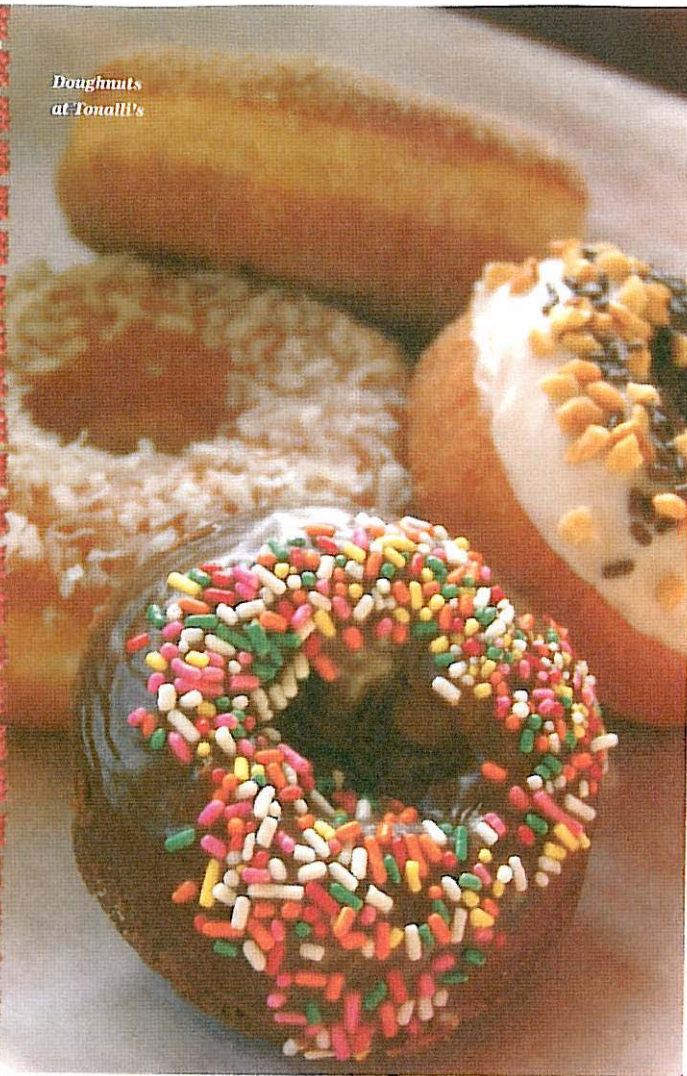
The day a culture died
at Celilo Falls

Froth and begorra:
Irish ales for St Pat's

Snowboarding Hood
without the hoodie

Nau in prime time: The
Chris Van Dyke Show

Doughnuts
at Tonalli's



What we crave:
PASTA

Why it's comforting:

Because while just about every culture in the world reveres its own form of pasta, be it udon noodles from Japan or spätzle from Germany, we're always hoping to share a plate *Lady and the Tramp*-style with our favorite spicy meatball. And because from ravioli to ziti and from tortellini to pappardelle, we never tire of slurping our noodles when they're smothered in the perfect ragù just like someone's Italian mama makes.

Where we eat it:

- CAFFE MINGO**
807 NW 21st Ave, 503-226-4646
- CIAO VITO**
2203 NE Alberta
503-282-5522
- FRATELLI**
1230 NW Hoyt, 503-241-8800
- MAMMA MIA TRATTORIA**
439 SW Second Ave, 503-295-6464
- PAZZO RISTORANTE**
627 SW Washington, 503-228-1515
- 3 DOORS DOWN**
1429 SE 37th Ave, 503-236-6886

What we crave:
CHICKEN POT PIE

Why it's comforting:

Because the English were onto something with that savory pie fixation they developed centuries ago (although we're not so sure about the kidney part). And because they've had longer to think about comfort than we have and even drearier winters to think about it in, so we should just trust them on this one. And because *it's pie*. Everybody loves pie, no matter what's baked inside of it.

Where we eat it:

- DAILY GRILL**
750 SW Alder, 503-294-7001
- PERRY'S ON FREMONT**
2401 NE Fremont, 503-287-3655



What we crave:
**GRILLED CHEESE
AND TOMATO SOUP**

Why it's comforting:

Because of all those fond childhood memories of Campbell's tomato soup. Or maybe because the sweetness of the tomato and the saltiness

of the cheese always seem like the ideal solution to any restaurant moment fraught with menu indecision. Or maybe because just about anyone, anywhere can make it taste good. Here are a few joints that make it taste exceptionally good.

Where we eat it:

- DETOUR CAFÉ**
3055 SE Division, 503-234-7499
- DOT'S CAFÉ**
2521 SE Clinton, 503-235-0203
- PARAGON**
1309 NW Hoyt, 503-833-5060

Variation:

The "Decadent" grilled cheese sandwich at **HALF & HALF** (923 SW Oak; 503-222-4495) combines salty black forest ham, sweet onion marmalade and tangy mustard, but settling for the simple "Fancy" with tomato and onion marmalade can be just as rewarding.



What we crave:
DOUGHNUTS

Why they're comforting:

Because they're ooey-goey-sweet. Because they're luscious-deep-fried. Because they're an ultra-high-irresistible carbohydrate that's a breakfast-worthy-in-the-eyes-of-your-co-workers kind of meal. And because hyphens have never been put to better use.

Where we eat them:

- JOE'S DONUT SHOP**
39230 SE Pioneer Blvd, Sandy
503-668-7215
- STACCATO GELATO**
232 NE 28th Ave, 503-231-7100
(Doughnuts sold only Friday, Saturday and Sunday)
- TONALLI'S DONUTS & CREAM**
2805 NE Alberta, 503-284-4510

VOODOO DOUGHNUT
22 SW Third Ave, 503-241-4704



What we crave:
COFFEE CAKE

Why it's comforting:

Because it's the only cake that's kosher to eat in the morning. Because at Jim & Patty's Coffee shop, six to eight varieties grace the pastry case every day. And because there's nothing that goes better with, well, coffee—and we're not about to skip our coffee.

Where we eat it:

- JIM & PATTY'S COFFEE**
5015 NE Fremont, 503-284-2121



What we crave:
THE REUBEN

Why it's comforting:

Because whether it's got corned beef or pastrami in it, Thousand Island or Russian dressing, whether you think it originated in Kansas or New York, as long as it's got smoky, salty meat, creamy sauerkraut and Swiss cheese inside, and it's served on marble or dark rye bread, it's the richest, heartiest hot-lunch sandwich around.

Where we eat it:

- KENNY & ZUKES
(AT KEN'S PLACE)**
1852 SE Hawthorne Blvd
503-236-9520
(Kenny & Zukes offers New York-style Jewish deli food only on Saturdays from 9:30 a.m. to 2:30 p.m.)
- VALENTINE'S**
232 SW Ankeny, 503-248-1613



What we crave:
**BACON-WRAPPED
CHICKEN LIVERS**

Why they're comforting:

Because even though we acknowledge that the prospect of offal doesn't put a glimmer in everyone's eyes, there are a significant number of us who couldn't imagine life without this utterly elemental dish. It tastes salty, a little bit sweet, even a little bit dirty (in a good way).

Where we eat them:

- FIFE**
4440 NE Fremont, 971-222-3433
(Served about once a week.)



The Reuben at
Valentine's