

SPRING FASHION: BOHEMIAN RHAPSODY (THE REMIX)

ECO  
TRAVEL

THE (UN)LUCKIEST  
WOMAN ON THE PLANE

LOVING  
PIE TOWN

ATHEISM  
ON THE RISE?

# Charlotte<sup>®</sup>

## HOW NEWCOMERS

BOSTON CHICAGO LOS ANGELES NICARAGUA ATLANTA VIETNAM OMAHA MIAMI NEW YORK SEATTLE

## ARE MAKING THIS A

ST. PAUL INDIA SALT LAKE CITY CHARLESTON SAN FRANCISCO PHILADELPHIA WALES CLEVELAND

# NEW CITY

DALLAS COLOMBIA ORLANDO NEW ORLEANS FRANCE DENVER PORTLAND BIRMINGHAM RICHMOND

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# SONOMA

## COUNTY, CALIF.



ECO Travel 



Clockwise from top left: Take a hot air balloon ride or hike through Sonoma's countryside before unwinding at Osmosis Day Spa, which is known for using reclaimed materials and promoting sustainable practices in its services. El Dorado Kitchen, one of the most impressive dining establishments in Wine Country, teamed with Benziger Winery to get fresh produce straight to your plate with veggies that grew alongside the grapes.

**Green Factors** Visiting wine country without going to any wineries is like visiting Disney World and not riding any rides. But where to start? The family-owned **Benziger Winery** ([benziger.com](http://benziger.com)) takes organic to a whole new level, proving that reds and whites can also be green. They practice biodynamic farming, which means not just eliminating chemicals, but actively working to restore the land as they go. (It's also one of the few wineries where you'll

see solar panels intermingling with the vines.)

To continue your biodynamic buzz, head to the elegant **El Dorado Kitchen** ([eldoradosonoma.com](http://eldoradosonoma.com)) for lunch or dinner. The restaurant has partnered with Benziger to bring fresh produce straight to your plate, with veggies that grew up right alongside the grapes. Here's another eco twist: El Dorado recycles its used oil into biodiesel fuel.

Finally, if you really want to do

your part for the world while spoiling yourself, head to the **Osmosis Day Spa Sanctuary** ([osmosis.com](http://osmosis.com)). A leader in the Green Spa Network, Osmosis has created a Zen-like atmosphere using reclaimed materials and sustainable practices. Osmosis is best known for its cedar enzyme bath, in which you're buried in a soft bed of milled cedar (sustainably harvested, of course) that's warm, steamy, and soothing.

There, now don't you feel better?

### Save the World

To make your trip the eco-friendliest, consult [EcoRing.org](http://EcoRing.org), where you'll find green businesses and eco adventures all over Sonoma County.

Lather on  
Kiss My  
Face Sun